



Customizable Care Plans for Each Clinic & Patient

MoveAl's platform is designed for **orthopedic clinics and surgeons** to provide a seamless, customized digital recovery experience for **TKR & THR patients**. Each care plan is tailored to the needs of the practice and individual patients, ensuring **better compliance**, **improved outcomes**, and **streamlined remote monitoring**.

- Fully customizable exercise programs that align with post-op protocols.
- Remote monitoring with FDA-cleared devices to track recovery progress.

FDA-Cleared/Listed Devices Supported by MoveAI

Device Name	Description	
Gateway	Heart of Cellular-Connected Ecosystem; Auto Transmission of Vitals	
ВРМ	Cellular-Connected Remote Blood Pressure Monitoring	
всм	Cellular-Connected Blood Glucose Monitoring	
Scale	Cellular-Connected Weight Tracking	
PFM	Cellular-Connected Peak Flow Monitoring for Asthma	
Thermometer	Cellular-Connected Temperature Monitoring	

Watch Cellular-Connected Activity Tracking

Cellular POx Cellular-Connected Pulse Oximetry

Sample Devices:











Thermon Peak Flow

MoveAl: Built for Orthopedic Surgeons, By Orthopedic Experts.





Exercises Available for RTM Tracking

MoveAl tracks and customizes rehabilitation exercises based on each patient's progress. Below is a sample list, new exercises can be added as needed.

TKA Exercises

Ankle Pumps Balance Training Ball Squeeze

Bridge Bridge Extended Bridging Exercise

Double Heel Raise Gluteal Sets Heel Slides

Inner Range Quadriceps Knee Extension Stretch Lateral Single Leg Step-Ups

Long Arc Quad Mini Squats Patellar Mobilization

Prone Extension Stretch Prone Knee Bends Quad Sets

Resisted Knee Flexion Seated Flexion Seated Hamstring Stretch

Stretch/Scoot

Short Arc Quads Standing Step Stretch Straight Leg Raise

Toe, Foot and Ankle Toe

Exercises

Toe/Heel Raise

THR Exercises

Abduction / Adduction Arm Chair Push-Up Don Tigney

Hip Abduction Hip Clam Shells Hip Flexion

Pendular Hips Side Lying Leg Lift

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CPT Codes for RPM & RTM Reimbursement

CPT Code	Description	Approx. Reimbursement
98975	Initial setup and patient education on RTM device	~\$19 (one-time)
98977	Remote monitoring of musculoskeletal data (e.g., exercises, adherence)	~\$55 (monthly)
98980	RTM treatment management, first 20 minutes	~\$50 (per month)
98981	RTM treatment management, additional 20 minutes	~\$40 (per month)
99453	Initial RPM device setup and education	~\$19 (one-time)
99454	Supply of RPM device, data transmission	~\$55 (monthly)
99457	RPM treatment management, first 20 minutes	~\$50 (per month)
99458	RPM treatment management, additional 20 minutes	~\$40 (per month)

How MoveAl Customizes Care Plans

MoveAl provides a **personalized, adaptive care journey** for each patient:

- **Pre-op readiness tracking** (activity, education compliance).
- Automated rehab monitoring with Al-driven insights (coming soon).
- Tailored exercise assignments based on patient progress & surgeon protocol.
- Intelligent alerts for staff to intervene only when necessary.
- RTM & RPM billing support to generate additional practice revenue.

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